MRI: PATIENT INSTRUCTIONS



Step 1: Read

Magnetic
Resonance Imaging
(MRI) gives your
doctor a great view
of your body.
Non-Invasive!
NO RADIATION.



The actual scan takes approx. this much time









Step 2: Follow Up with OSS Doctor

In about a week, you'll meet with your OSS doctor, either virtually (telehealth) or in person (at our office). During this visit, the OSS doctor explains the radiologists' findings and gives a treatment plan.

Step 1: Get MRI*

You'll come to OSS and work with our licensed radiological technologist. **An MRI is SAFE; it has no radiation.** It uses magnetic field energy to take the images of your body's structure; the benefit is the doctor is able to better determine what's the true condition of the bones, the soft tissues, and muscles.

Since the magnet in the MRI is very strong and attracts any metal objects taken into the room, you'll need to follow our safety rules and precautions.

- On the day of, you will review the safety questions again with our team to make sure nothing on or in your body will interfere with your safety.
- You will follow the precautions before you enter the MRI room.

Once in the MRI room, you'll lay on a table that slides you into the MRI. The technician will take the images. Your job is to stay very still so the images do not get blurry.

After the images our taken, our trusted board-certified radiology partners will review the image(s) and give the official MRI reading to OSS within 3 days.



You MUST **CANCEL** the **MRI appointment** if you:

- Just had an injury with metal since your last appointment at OSS
- Had an endoscopy WITHIN the last 7 days

Step 2. Fill out MRI Safety / Consent form + Follow Checklist

Before Imaging Appointment

- Complete MRI Safety / Consent Form (either get at ossburbank.com or at OSS office).
- Complete other forms, if instructed. If minor or for support, parent / guardian / friend, the visitor must fill out the Visitor MRI Safety / Consent form. If pregnant, getting contrast, and/or accepted implant, you must fill out the specific section on the Additional MRI Safety / Consent form.

Day of imaging:

- **Before you come to the office,** wear clothing that is best for the MRI. Specifically, avoid wearing metal (zipper, buckles, metal clasps) and wear loose clothing. Please do not bring or wear valuable jewelry or items to the appointment. Wedding rings can stay on. Know it's also okay to wear eye contacts.
- Plan on arriving 15 minutes early to OSS (Our address: 3413 W. Pacific Ave, Suite 100, Burbank, CA 91505).
- Please bring your insurance card, photo ID, and payment (if and as discussed).
- Once you are checked in at OSS, you'll hand in the completed MRI Safety / Consent Form and you'll review it with the Imaging Technologist. You'll be asked to remove piercings and any metal you are wearing. (You may be asked to change at our office into a patient gown provided by OSS.) OSS will also give you ear plugs which you must wear to shield your ears from the loud noise MRI machines routinely make.





Imaging 3413 W. Pacific Ave, Suite #100 Burbank, CA 91505 T (818) 841-3936 | F (818) 841-5974 ossburbank com

MRI Safety / Consent Form, Page 1

Please complete this required form.

Orthopaedic Surgery Specialists is the registered business official name of OSS

| | | | 03350 | i bank.co | | | | registered bus | iness of | ficial name | of OSS. |
|----------------------------|---|-----------------------|-------------------------------|------------------------|---------------|---------------------------------------|--|---|----------|-------------|---------|
| Patient Nam | e _{Last} | Fi | rst M.I. | | Date | e of Exam | MM/DD/YYYY | Sex | | | |
| | | | | | | | | Female | M | lale | |
| Weight _{lbs} | Date of Birth | MM/DD/YYYY | | ne of the pered the st | | er who | | | | | |
| ІМ | PORTANT. P | lease mark | Yes or No so we | e can mal | ce sur | e the MR | I DOES NOT INTE | ERFERE with your SA | AFFT' | Υ. | |
| \triangle | If you have a | PACEMAKE | R, DEFIBRILLATO | R, ANEUF | RYSM (| CLIP or AN | | T LISTED IN THIS BOX | | A Bo | ox 1 |
| Do you hav | re any of the fo | ollowing INSI | DE your body? | Ves | No | | | | Voc | No | |
| Heart pac wires) | emaker (card | iac pace mak | er including the | Yes | No | Neuros | timulator | | Yes | | |
| Defibrilla | tor for your he | eart (ICD - ca | rdiac defibrillator | -) | | Device tissue | implanted to expa r | nd breast (or other) | | | |
| - | device to infus n the ear (coch | | | | | Stimula fusion | tor implanted for t | bone growth or bone | | | |
| Aneurysn | n clip or a shur orain / spine su | it implanted | | | | Prosthe | esis or implant in th spring or wire) | ne eye, penile, etc. | | | |
| Do you w | ork with metal | routinely? | | | | Do you | have a history of tl | hese conditions? | | | |
| Meta | l in your eye b | ecause of an | injury | | | | .d reaction to a con MRI, CT or Xray | ntrast agent used | | | |
| | llic fragment o le) in your head | _ | - | | | | i strophobia (fear o ces) or panic attack | | | | |
| Check all th | nat apply to yo | u: | | | | | | | | Secti | ion 2 |
| For Fema | | | | | | D 40 = 11. | | | | Yes | No |
| | you pregnant (| - | _ | | | 1 | | ella to prevent DVT | | | |
| | you currently I | | _ | | | → Ye | s, Card Submitted? | | | | |
| 1 - | ill because you yes, date of pr | | | | | Magnet | ically activated im | plant or device Yes, Card Submitted? | | | |
| Thar | nks for filling th | ne top half. I | Please finish the I | est at ho | ne. Pl | lease show | the top portion no | ow to the OSS check o | ut tea | am. | |
| Do you USE | or WEAR a? | | | | | | | | | Secti | ion 3 |
| - | ly piercing jew | elry (the be | lly button, nose, | Yes | No | Hearing | aid, dentures, or g | lasses | | Yes | No |
| | ı l limb (prosthe | etic) | | | | Medicat | ion patch on skin (| e.g., nitroglycerin, nic | otine) | | |
| Do vou have | e any of the fol | lowing piece | s of metal or ink (| ON or INS | IDE vo | our body? | | | | Secti | ion 4 |
| | , , , , , , , , | 01 | | Yes | No | , , , , , , , , , , , , , , , , , , , | | | | Yes | No |
| - | acement impla use of joint rep | - | nee, hip, shoulder rgery) | , | | Pessary | or bladder ring to d | decrease urine leakag | 9 | | |
| | l pin, screw, na aedic surgery | il, wire, plat | e, or rod because | | | Heart st o | | ırt valve from a cardia | ıC | | |
| • | l wire mesh, st of a surgery or p | | or metallic suture | es 🗌 | | | access port or cat | heter | | | |
| | | | g m for birth contr | ol 🗌 | | | nplant(s) (plate) r tattooed make up | 0 | | | |
| | | | | | | | | | | | |

Patient removed metal? OSS Initials _

Internal Use Only. This form was reviewed by OSS (Print & Sign): Reviewed list



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MRI Safety / Consent Form, Page 2

Please complete this required form.

Orthopaedic Surgery Specialists is the registered business official name of OSS.

This section shows your acknowledgement and consent of the the MRI safety rules at OSS Imaging.

| Please initial below. | | | | | | | | | |
|--------------------------------------|---|---|---|--|--|--|--|--|--|
| | I will change into a gown, it technologist will tell me. | f directed. I may be able to stay in my s | treet clothes if I am wearing no metal. The OSS | | | | | | |
| | I will wear ear protection (make loud noises. | ear plugs). During the MRI, I will wear h | earing protection (ear plugs) because the machine will | | | | | | |
| | | | r the MRI room if I have any questions or concerns wed the MRI Safety / Consent form with OSS. | | | | | | |
| | I MUST remove : Hearing aid, dentures, partial plates, eyeglasses, artificial limb, medication patch, TENS unit jewelry, brace or bra with underwire or wire clip. | | | | | | | | |
| | I must lock up my personal belongings into the OSS dressing room locker. Keys, pager, cell phone, hairpins, barrettes, jewelry, watch, safety pins, body piercing jewelry, money clip, credit card, magnetic strip cards, coins, paper clips, pens, pencils, paper clips, pens, pocket knife, and/or nail clipper. I also understand that OSS is not responsible for any lost or stolen items. | | | | | | | | |
| | Failure to inform Orthopaedics Surgery Specialists of implants or metals inside of my body may cause serious bodily injury or be life threatening. By proceeding with the MRI after discussing metal (possible or confirmed) in your body with the ordering physician and /or MRI Technologist, I agree to release Orthoapedics Surgery Specialist from any and all liability for any injury. Certain implants, devices or objects may be hazardous to you and/or may interfere with the MR procedure. Consult the Imaging Tech team before entering the MR system room. The MR System magnet is always on. | | | | | | | | |
| | alert the technologist imm | ediately if I notice any heating sensation I understand that it is important for me | cy has the potential to cause tissue heating. I will n during my MRI scan. Here are some of the e to keep as still as possible in the MRI. 2. I will not | | | | | | |
| | | | | | | | | | |
| provided in read the exa procedure w | nis consent, I agree that I hav this form. I understand the i m. In addition, I agree that I vill take; 3) understand the ris | nformation, and have had my questions 1) understand the purpose of the proce sks, benefits, and complications associa naging of my current medical condition | oral communications of all the information s answered regarding this procedure and who will edure; 2) have been informed of how long the ated with the procedure; 4) have truthfully informed 5) am aware of possible alternatives; and 6) have | | | | | | |
| number prov not under th | vided if I have any further qu | estions about this form or the procedu | nd that I may contact OSS at the address and phone re. I am at least 18 years of age, of sound mind and ns and give my consent to start and complete the | | | | | | |
| Patient Nam | e: | Print | Signatura + Dato | | | | | | |
| ۵۵۵ است - ۱۰۰۰ | Toom Monday (Miles) | Time | Signature + Date | | | | | | |
| | Team Member (Witness): | Print | Signature + Date | | | | | | |
| Technologis ¹ | L NOLES | | | | | | | | |