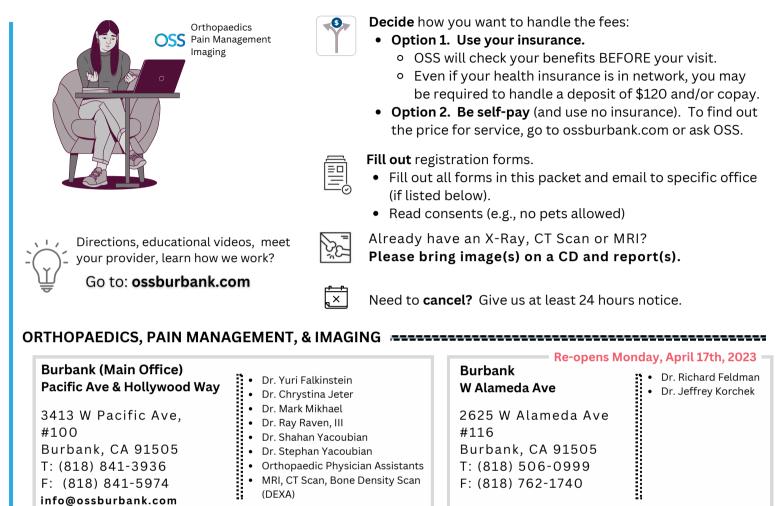
# PATIENT INSTRUCTIONS: REGISTRATION FORMS

Orthopaedics, Pain Management, & Imaging

# Step 1: Before you come in, please:



# • Step 2: When you arrive, be ready with:



Arrival Time For All Appointments Forms done? 10 minutes before Not done? 20 minutes

Completed registration or safety forms. If you emailed, let us know



A list of current medications



Dress in a way that will allow us to best evaluate your injury



Images of your injury or area of pain (if you have)



Photo ID, health insurance card, and credit card





# A MESSAGE TO OUR PATIENTS ABOUT ARBITRATION

The attached contract is an arbitration agreement. By signing this agreement we are agreeing that any dispute arising out of the medical services you receive is to be resolved in binding arbitration rather than a suit in court. Lawsuits are something that no one anticipates and everyone hopes to avoid. We believe that the method of resolving disputes by arbitration is one of the fairest systems for both patients and physicians. Arbitration agreements between health care providers and their patients have long been recognized and approved by the California courts.

By signing this agreement you are changing the place where your claim will be presented. You may still call witnesses and present evidence. Each party selects an arbitrator (party arbitrators), who then select a third, neutral arbitrator. These three arbitrators hear the case. This agreement generally helps to limit the legal costs for both patients and physicians. Further, both parties are spared some of the rigors of trial and the publicity that may accompany judicial proceedings.

Our goal, of course, is to provide medical care in such a way as to avoid any such dispute. We know that most problems begin with communication. Therefore, if you have any questions about your care, please ask us.

# **PHYSICIAN-PATIENT ARBITRATION AGREEMENT**

Article 1: **Agreement to Arbitrate:** It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently, or incompetently rendered, will be determined by submission to arbitration as provided by California law, and not by a lawsuit or resort to court process except as California law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.

Article 2: **All Claims Must be Arbitrated:** It is the intention of the parties that this agreement bind all parties whose claims may arise out of or relate to treatment or service provided by the physician including any spouse or heirs of the patient and any children, whether born or unborn, at the time of the occurrence giving rise to any claim. In the case of any pregnant mother, the term "patient" herein shall mean both the mother and the mother's expected child or children.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the physician, and the physician's partners, associates, association, corporation or partnership, and the employees, agents and estates of any of them, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress or punitive damages. Filing of any action in any court by the physician or patient to collect or contest any medical fee shall not waive the right to compel arbitration of any malpractice claim. However, following the assertion of any malpractice claim, any fee dispute, whether or not the subject of any existing court action, shall also be resolved by arbitration.

Article 3: **Procedures and Applicable Law:** A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days of a demand for a neutral arbitrator by either party. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees or witness fees, or other expenses incurred by a party for such party's own benefit. The parties agree that the arbitrators have the immunity of a judicial officer from civil liability when acting in the capacity of arbitrator under this contract. This immunity shall supplement, not supplant any other applicable statutory or common law.

Either party shall have the absolute right to arbitrate separately the issues of liability and damages upon written request to the neutral arbitrator.

The parties consent to the intervention and joinder in this arbitration of any person or entity which would otherwise be a proper additional party in a court action, and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration.

The parties agree that provisions of California law applicable to health care providers shall apply to disputes within this arbitration agreement, including, but not limited to, Code of Civil Procedure Sections 340.5 and 667.7 and Civil Code Sections 3333.1 and 3333.2. Any party may bring before the arbitrators a motion for summary judgment or summary adjudication in accordance with the Code of Civil Procedure. Discovery shall be conducted pursuant to Code of Civil Procedure section 1283.05; however, depositions may be taken without prior approval of the neutral arbitrator.

Article 4: **General Provisions:** All claims based upon the same incident, transaction or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable California statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence. With respect to any matter not herein expressly provided for, the arbitrators shall be governed by the California Code of Civil Procedure provisions relating to arbitration.

Article 5: **Revocation:** This agreement may be revoked by written notice delivered to the physician within 30 days of signature. It is the intent of this agreement to apply to all medical services rendered any time for any condition.

# Article 6: Retroactive Effect: If patient intends this agreement to cover services rendered before the date it is signed (including, but not limited to, emergency treatment) patient should initial below:

#### Effective as of the date of first medical services

#### Patient's or Patient Representative's Initials

If any provision of this arbitration agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision.

I understand that I have the right to receive a copy of this arbitration agreement. By my signature below, I acknowledge that I have received a copy.

# NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

Ву:		By:	
Physician's or Authorized Representative's Signature	(Date)	Patient's or Patient Representative's Signature	(Date)
ORTHOPAEDIC SURGERY SPECIALISTS & AFFILIATED ASSOCIATES		Ву:	
Print or Stamp Name of Physician, Medical Group, or Associate Name		Print Patient's Name	
		By:	



### PATIENT PERSONAL FORM

Kindly use Black Ink

GENERAL										
Patient Name	Last Name	First	Name	M.I.				Today's Date	(MM/DD/YY)	
Social Security #		Driver's License /	State Iss	sued	Gender	Male	Female	Date of Birth	(MM/DD/YY)	
Email Address (Tip! Ema	il will get you acc	cess to our OSS Pa	atient Por	rtal)		Name of	f Spouse / Partne	ır		
Home Address (Please include Street Number, Street Name, City, State, Zip Code										
Primary Telephone (1st #to	reach you)				Seconda	ry Teleph	one			
		Cell Hon		/ork				Cell	Home	Work
Emergency Contact, You	r Relationship, &	Primary Telephon	e							
EMPLOYMENT										
Employer & Job Title										
Is this a work related inju	ry?				Work Co	mp Insura	ance Carrier & Cl	aim #		
		Yes		No						
If yes, has your employe	r been notified?				Claim Ac	ljuster &	Telephone			
		Yes		No						
PHARMACY (Tip	We can refi	II your Rx fast	er if yo	u provid	e us this	s inform	nation)			
Pharmacy Name, Addres	s & Telephone									
MEDICAL REFER	RRALS									
Who referred you to our	practice?									
Doctor Relative	Friend Int	ernet Hosptial	Insur	ance Comp	any			Name		
LEGAL										
Is there a legal case or la	wsuit involved w	ith this injury?		Yes	No	Attorne	ey or Liability Rep	presentative Na	me and Tel	ephone
Is an attorney, liability can payment?	rrier, or auto insu	srance invovled in		Yes	No					
PRIMARY INSUR	ANCE									
Insurance Company Nan	1e			I.D. / Polic	y Number			Group Numbe	er	
Insured Name				Insured Sc	ocial Secu	rity #		Insured Date	of Birth (MM	DD/YY)
Subscriber of the Health	Insurance & Rela	ationship		Subscriber	Social Se	ecurity #		Subscriber D	ate of Birth	(MM/DD/YYYY)
SECONDARY IN	SURANCE									
Insurance Company Nan	10			I.D. / Polic	y Number			Group Numbe	er	
Insured Name				Insured Sc	ocial Secu	rity #		Insured Date	of Birth (MM	DD/YY)
Subscriber of the Health	Insurance & Rela	ationship		Subscriber	Social Se	ecurity #		Subscriber D	ate of Birth	(MM/DD/YYYY)

#### AUTHORIZATION

I hereby certify that the above information is true and correct to the best of my knowledge. I authorize examination and all services deemed medically necessary. I authorize the release of all medical information necessary to process my claim. I agree to assume financial responsibility for ALL services provided.



# MEDICAL QUESTIONNAIRE

### Pain Management & Regenerative Medicine

Page 1 of 3 KINDLY USE BLACK INK

# GENERAL

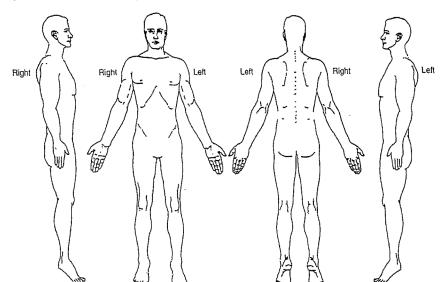
GENERAL				
Patient Name	Last Name	First Name	М.І.	Today's Date (MM/DD/YY)
Gender	Male	Female	Height	Weight

Which doctor referred you to OSS Pain Management & Regenerative Medicine?

## PAIN: What is the current level of your pain?

Mark the drawing below with an X to show where you have the most severe pain.

Shade in the areas where you have less severe pain.



On a scale of 0	- 10 (0=n	no pain, 10=	worst	pain possible), wha	it is your l	evel of	pain?	0	1	2	3	4	5	6	7	8	9	10
How often do yo	ou have p	pain?																
Constantly	С	omes & Goes	6	Certain Time of Day:			With	this A	ctivit	ty:								_
Have you been	seen at a	a Pain Man	ageme	nt Clinic before?	No	Yes												
If yes, what was the the date(s), duration, and location / name of clinic?																		
How did your pa	How did your pain start?																	
Work Injury	Work Injury Illness No Obvious Cause Injury, Not at Work Motor Vehicle or Motorcyle Accident Other:																	
How long have y	How long have you had this pain?									_								
How would you describe how your pain feels?								_										
What makes your pain feel:																		
Better?																		
Worse?																		
How is your slee	ep? Des	cribe.																



# **MEDICAL QUESTIONNAIRE**

## Pain Management & Regenerative Medicine

Page 2 of 3 KINDLY USE BLACK INK

ossburbank.com

## **GENERAL**

Patient Name Last Name

First Name

*M.I.* 

Today's Date (MM/DD/YY)

# HISTORY OF TREATMENT: How have you tried to manage the pain?

Have you used any of these treatment(s) to ease your pain? Please check as it applies, provide the date(s), and describe outcome.

			Date(s) Tried	Outcome / Reason(s) Stopped
Services				
Physical Therapy	No	Yes		
TENS Unit	No	Yes		
Aqua Therapy	No	Yes		
Acupuncture	No	Yes		
Biofeedback	No	Yes		
Spinal Cord Stimulation (SCS)	No	Yes		
Relaxation, imagery, mindfulness	No	Yes		
Injections				
Epidural Injection	No	Yes		
Transforaminal (Nerve Block) Injection	No	Yes		
Sacroiliac (SI) Joint Injection	No	Yes		
Facet Injection	No	Yes		
Trigger Point Injection	No	Yes		
Rhizotomy Injection	No	Yes		
Other	No	Yes		
Regenerative Medicine				
Platelet Rich Plasma (PRP)	No	Yes		
Stem Cell	No	Yes		
Prolotherapy	No	Yes		
Cartilage Regeneration	No	Yes		
Nonsteroidal Medications				
Motrin (Ibuprofen)	No	Yes		
Aleve	No	Yes		
Naproxen	No	Yes		
Mobic (Meloxicam)	No	Yes		
Lodine (Etodolac)	No	Yes		
Other				
Aspirin	No	Yes		
Tylenol	No	Yes		
Other	No	Yes		
Muscle Relaxants				
Baclofen	No	Yes		
Robaxin	No	Yes		
Zanaflex	No	Yes		
Skelaxin	No	Yes		
Flexeril	No	Yes		



# MEDICAL QUESTIONNAIRE

Pain Management & Regenerative Medicine

Page 3 of 3 KINDLY USE BLACK INK

#### **GENERAL**

Patient Name Last Name

First Name

Today's Date (MM/DD/YY)

#### HISTORY OF TREATMENT: How have you tried to manage the pain?

Have you used any of these treatment(s) to ease your pain? Please check as it applies, provide the date(s), and describe outcome.

M.I.

			Date(s) Tried	Outcome / Reason(s) Stopped?
Narcotics (Opiods)				
Codeine	No	Yes		
Percocet	No	Yes		
Oxycodone	No	Yes		
Hydrocodone (Norco)	No	Yes		
Opana (Oxymorphone)	No	Yes		
Morphine	No	Yes		
Oxycontin	No	Yes		
Avinza	No	Yes		
Hysingla	No	Yes		
Duragesic (Fentanyl)	No	Yes		
Suboxone	No	Yes		
Neuromodulators				
Neurontin (Gabapentin)	No	Yes		
Торатах	No	Yes		
Lyrica	No	Yes		
Cymbalta	No	Yes		
Gabitril	No	Yes		
nat allergies do you have?				

#### SOCIAL HISTORY: What social factors should we consider in your care?

Have you ever us	sed any of t	he following dr	ugs? Check as it appli	es.						
Marijuana	Heroin	Suboxone	Sedative / Downers	Inhalants	Amphetamin	es	Co	caine		Bath Salts
Please check you	ur response	. Scale: 1 = Nev	ver, 2 = Seldom, 3 = Some	times, 4 = Often,	5 = Very Often					
How often do	you have m	ood swings?				1	2	3	4	5
How often do you smoke a cigarette within an hour of waking up? 1 2								3	4	5
How often have you taken medication other than the way it was prescribed? 1 2 3							3	4	5	
How often have you used illegal drugs in the past five years? 1 2						3	4	5		
How often in y	our lifeitme	have you had	legal problems or beer	n arrested?		1	2	3	4	5
Comments:				· · · · · · · · · · · · · · · · · · ·						
Have you ever th	ought you s	should cut dow	n on your drinking or d	lrug use?					No	Yes
Have people ever annoyed you by criticising your drinking or drug use?								No	Yes	
Have you ever had a drink or used drug in the morning to steady your nerves or get rid of a hangover?									No	Yes
Are you currently seeing a mental health provider or counselor?								No	Yes	

#### AUTHORIZATION

I hereby certify that the above information is true and correct to the best of my knowledge.

Patient / Representative Name (Print):

Patient Signature:

Date:

# **HIPAA PRIVACY PREFERENCES**

Please select the level of privacy you would like Orthopaedic Surgery Specialists (OSS) to observe concerning your information (appointment information, test results, procedure results, etc.)

OSS may only discuss my information with me, directly.

If we are not able to reach you directly, may we provide you with your information via messages?

OSS may leave voice messages containing my information at the following phone number(s):

(home)	(cell)	(work)	(other)

OSS may send unencrypted emails from the physician and his staff to the following e-mail address:

(e-mail address)

Is there anybody else that you would like to allow us to speak to about your information if they inquire about you? This should be anyone (family member, friend, caretaker, etc.) that might ever come into an appointment with you, help you with your forms, call to make or check on an appointment for you, or pick anything up for you from our office. **If someone does come to us on your behalf but their name is not listed below, we will not be able to share anything with them regarding any of your information.** 

OSS may share my information with the following individuals:

(name)

(relationship to patient)

(name)

(relationship to patient)

\*\*Those listed above **must** answer the following security question before any information is shared:

What is the patient's birthday? \_\_\_\_\_

Under the requirements of HIPAA we are not allowed to give information to anyone other than the patient without the patient's written consent. Signing this form will only give consent to release appointment information, test results, and procedure results to the designated person(s) above. This consent form will not allow the doctor to release any other information to this person. You may revoke this consent in writing except where we have already made disclosures on your prior consent.





Kindly read and sign our Office Policy and the financial program that you will use. If you have any questions, please discuss with our staff before you see the provider. *Thank you.* 

#### ASSIGNMENT OF BENEFITS AND AUTHORIZATION TO RELEASE INFORMATION

I hereby authorize my insurance carrier, including Medicare to pay directly to my physician, Orthopaedic Surgery Specialists & Affiliated Associate, for services rendered for me. I hereby authorize my physician to release information from my medical records necessary to bill my insurance carrier for these services. A photocopy of my signature on this form is to be considered as valid as the original.

Patient or Insured Name (print):

Signature:

Date:

#### NARCOTIC (PAIN) PRESCRIPTION

The doctors prescribe Narcotic Medications only in cases of acute injury and after surgery for a period of no more than 4 weeks. If you require long term pain control, you will be referred to you primary care physician or to a pain management specialist. *Our office requires 48 hours to process narcotic prescription refills*. Please contact us or your pharmacy so you will not run out of medication while waiting for your prescription to be processed. **Prescriptions will only be refilled between** 8:30 AM - 4:30 PM, Monday through Friday.

Signature: Date:

#### **DISABILITY BENEFITS**

If you have an acute orthopaedic injury or are recovering from surgery, the doctors and staff at OSS will coordinate disability benefits for you.

- Typically, our office will coordinate this benefit for you up to 3 months. However, please understand that your orthopaedic doctor will make the decision based on the type of injury you have.
- Moreover, if you are a being treated for chronic pain by Dr. Falkinstein, then OSS can coordinate the disability benefit for you up to 6 (six) months.

Please understand the doctors and staff at OSS are unable to coordinate the disability benefit for you beyond this stated policy. We of course do encourage you to speak with your primary care doctor since s/he is the designated doctor who routinely cares for your health over the long term.

Signature:	Date:
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## **MISSED APPOINTMENTS / CANCELLATIONS**

We understand that emergencies arise, however, appointments are pre-arranged and it is the patient responsibility to keep the appointment or cancel with a minimum of **48 hours** notice.

Signature:

Date:

## FINANCIAL PROGRAM OVERVIEW

Orthopaedic Surgery Specialists Specialists (OSS) accepts patients many Preferred Provider Organization (PPO) health insurance plans, Medicare, Worker's Compensation, patients who are self pay (not using insurance) and/or out of network. To receive treatment, OSS will first **verify** your insurance benefits **before** your scheduled appointment with us. We accept cash, check, Visa, MasterCard, Discover, American Express, and Care Credit.

Most patients will use their health insurance coverage if OSS has contracted services with the specific plan. Please read and sign the **In Network Program** which is included in this packet.

If you know that your health insurance is not in our network or if you are self pay (not using health insurance *and* you will pay for all services at the time of your appointment), then you will be asked to read and sign the specific financial program form in the office. (Tip! You do not need to sign the In Network Program document) If you have any questions, please call us at 818.841.3936.

## NOTICE OF PRIVACY PRACTICES: PATIENT ACKNOWLEDGEMENT FORM

Our Notice of Privacy Practices ("Notice") provides information about: 1) the privacy rights of our patients; and 2) how we may use and disclose protected health information about our patients.

Federal regulations require that we give our patients or their authorized representatives access to our Notice before signing this acknowledgment. If you have any questions about your rights or our privacy practices, please send an electronic message (e-mail) to melissap@ossburbank.com or a letter to:

Privacy Officer/Melissa Pereda OSS 3413 W. Pacific Avenue, #100 Burbank, CA 91505

By signing this form, you are only acknowledging that you have been provided access to our Notice.

Patient or Authorized Representative Name (print):

Signature:



Orthopaedic Surgery Specialists (OSS) offers an In Network Program that allows you or a minor to receive treatment for an orthopaedic injury by using your health insurance that is in our network (OSS has a contract with the plan).

#### FINANCIAL CONTRACT

As an "in network" health insurance patient, you make the commitment to:

- o Show us your valid health (medical) insurance card and photo ID at each visit.
- Notify us if there have been any changes to your health insurance, address or phone number.
- Pay your insurance co-pay **prior** to services rendered.
- Provide a deposit (of up to \$120) if you have **not** met your deductible, regardless of health insurance policy and/or co-pay. Once we have billed your health insurance and have received a response from your health insurance (typically written in the Explanation of Benefits (EOB)), OSS will refund the remaining deposit (overpayment) *or* bill you for any services that were above the amount we initially collected.
- For a scheduled surgery, provide a deposit for your portion of our fees. Once we have received a response to our bill from your health insurance (typically written in the EOB), OSS will refund the remaining deposit (overpayment) to you *or* bill you for the remaining balance.
- Provide payment for the patient who is under the age of 18.
- Respond to **any** billing or health claim inquiries that you have either received from Orthopaedic Surgery Specialists or from your insurance company. Failure to respond to either party in a timely fashion could lead to additional charges that you will need to pay.
- Send payment once you receive your bill from OSS.
- Understand that **not** all health plans are the same and do not cover the same services. In the event your health plan determines a service to be "not covered", you will still be responsible to pay the OSS fee. If you are concerned about this possibility, please read your insurance booklet or the contract
- If you have a broken bone or fracture, then please understand that many times, health insurance companies will use the terms "office surgery" or "office procedure" on your Explanation of Benefits (EOB) for the fracture / broken bone or injection claim. When you are charged a "global fee" for surgery or office care of a fracture (broken bone), laceration repair, excision of an ingrown toenail, etc., the global fee includes the service on the day it is performed and the routine follow-up care for that injury. The global period ranges from 10-90 days depending on the procedure.
  - The following **are not included** in the "global fee" and will most likely result in an additional charge(s):
    - X-rays and supplies for casting, splints, braces, etc.
    - Services rendered if complication arises.
    - New or unrelated orthopaedic injury.

I agree to follow the In Network Program Financial Contract.

Patient or Insured Name (print):

Signature: